

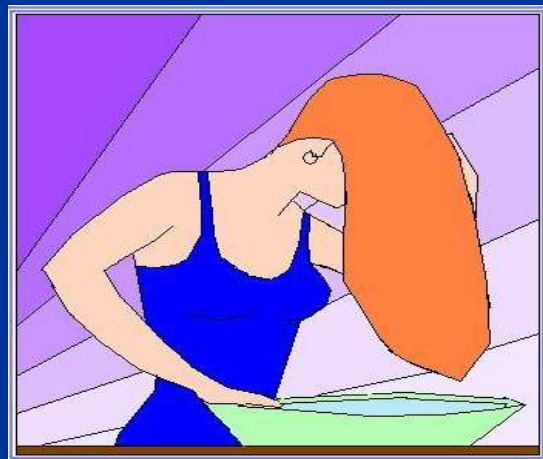
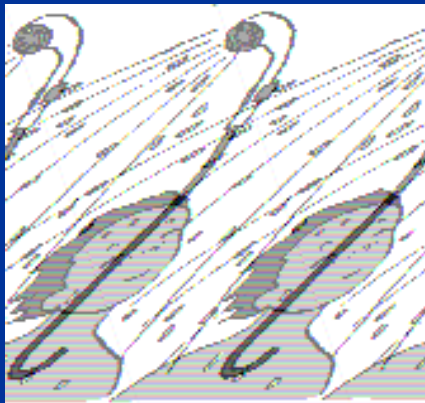
# WATER DIARIES

COMPLETED BY 9 AND 12 YEAR-  
OLD PUPILS  
SUMMARY

# ACTIVITIES WATER IS NECESSARY FOR ACCORDING TO OUR PUPILS

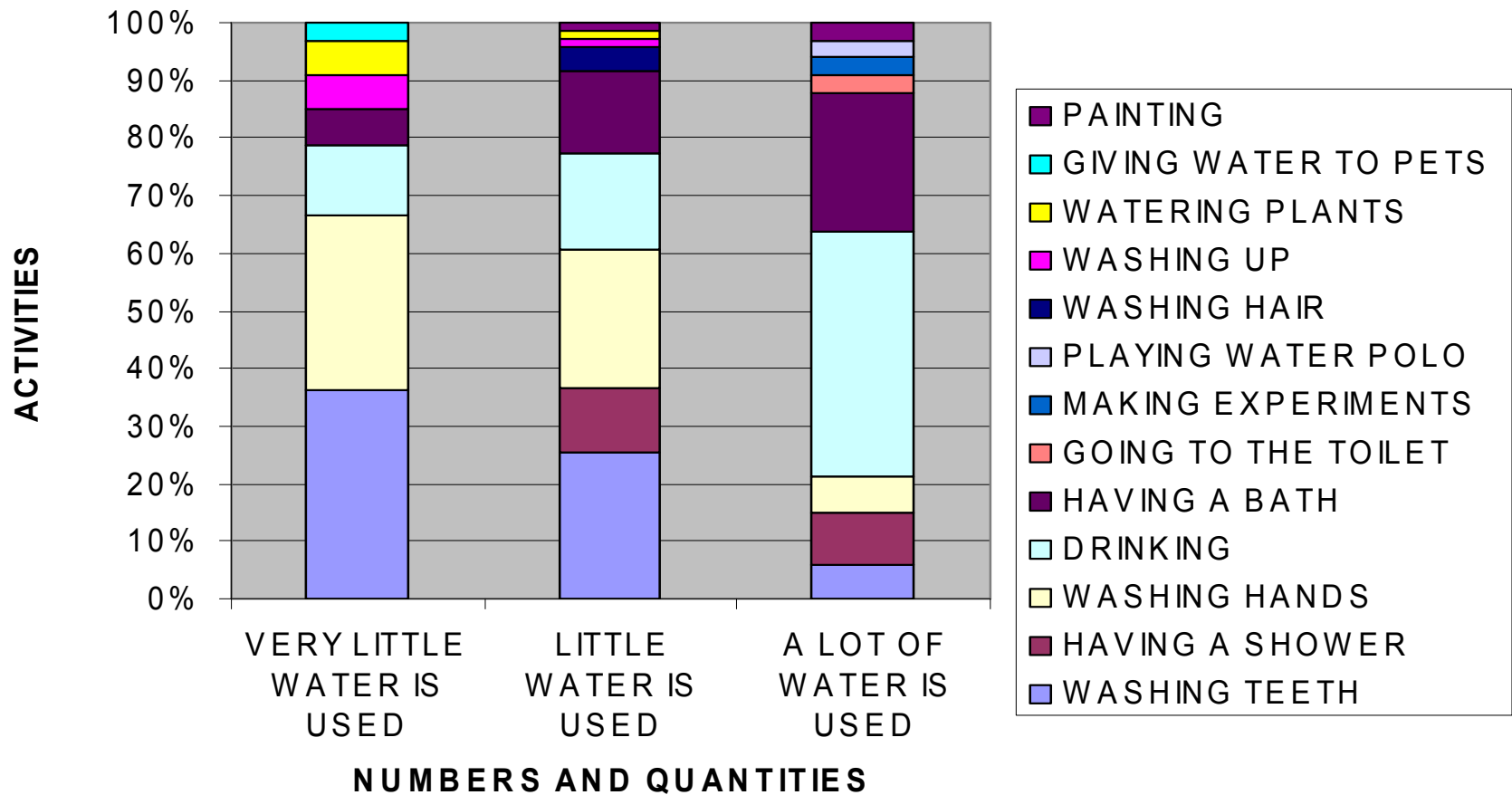
WASHING TEETH  
HAVING A SHOWER  
WASHING HANDS  
DRINKING  
HAVING A BATH  
GOING TO THE TOILET  
MAKING EXPERIMENTS  
PLAYING WATER POLO  
WASHING HAIR  
WASHING UP  
WATERING PLANTS  
GIVING WATER TO PETS  
PAINTING

# WHAT DO WE USE WATER FOR?



# WATER QUANTITIES USED FOR THE ACTIVITIES

## HOW MUCH WATER IS USED?



# WATER DIARIES PREPARED BY 12 YEAR-OLD PUPILS

- DIARY FORM, NO CHARTS
- THEIR IDEAS ABOUT USING WATER
- WASHING HANDS, DRINKING, HAVING A SHOWER OR BATH, WASHING UP, COOKING, FLUSHING THE TOILET, GIVING PETS WATER, WASHING THE CAR, CLEANING THE HOUSE, WATERING THE PLANTS, CLEANING TEETH, SWIMMING IN THE HOME-POOL, SHAVING, WASHING THE CLOTHES, VAPORING WATER, REPLACING WATER IN THE AQUARIUM, USING WATER IN THE SAUNA, CLEANING THE WINDOWS, USING THE WASHING MACHINE AND THE DISHWASHER

# SAMPLES FROM THE WATER DIARIES

## Water Diary

### Monday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 3 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

### Tuesday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 2 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

### Wednesday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 2 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

### Thursday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 2 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

### Friday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 2 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

### Saturday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 2 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

### Sunday

I'm always wash my face and hands three a day and I use enough water. I flush the toilet 2 times a day. I drink 1.5 litres of water. I have a shower every day. My mum washes up twice a day.

## Water Diary From Monday to Sunday

Monday: I always wash my face and hands three a day and I use a little water. I flush the toilet 3 times a day. I drink 1.5 litres of water. I have a shower. I use enough water. My mum washes up twice a day.

Tuesday: I wash my hand and I clean my teeth three a day and I use a little water. I flush the toilet 2 times. I give my pet's water. We wash the clothes and I wash my hair.

Wednesday: I clean my teeth 3 times. I drink 2 litres of water. I flush the toilet 3 times. We clean the bathroom and I have a shower.

Thursday: I wash my face and I clean my teeth 2 times. I drink 1.5 litres of water. We water our plants. We cook the dinner and I wash my hair.

Friday: I wash my hands 4 times and I drink 1.5 litres of water. We clean our house and I have a bath. I flush the toilet 3 times.

Saturday and Sunday: I wash my hands 10 times and I use enough water. We wash the car. I clean my teeth 5 times. I drink 5 litres of water. I flush the toilet 6 times and I have 2 showers. I give my pet's water. We wash the clothes 2 times. We cook the lunch.

## Water Diary (From Monday to Sunday)

### MONDAY

I always wash my face and hands three a day and I use enough water. I flush the toilet 3 times a day. I have a shower every day and I use enough water. I drink 1.5 litres of water. My mum or dad washes up twice a day. My mum cooks every day and she use enough water. We give our dog water every day. I clean.

### TUESDAY

I flush the toilet 6 times a day. I have a shower every day and I use enough water. I drink 2 and half litres of water. We give water the plants. My mum and dad wash up with the dishwasher a day. I wash my face and hands twice a day and I use enough water.

### WEDNESDAY

I drink 3 litres of water. I have a shower every day and I use enough water. I wash my face and hands twice a day and I use enough water. My mum cooks every day and she use enough water. I flush the toilet 6 times a day. My mum or dad washes up twice a day.

### THURSDAY

My dad or mum mowing in the driveway and washing up. I drink 2 litres of water. I flush the toilet 6 times a day. I wash my face twice a day. I have a shower every day and I use enough water. I wash my hands 2 times a day and I use enough water. We give water the plants.

### FRIDAY

My mum cooks the food every day and she use enough water. I wash my face and hands twice a day. I have a shower every day and I use enough water. I wash my teeth every day. I flush the toilet 2 times a day.

### SATURDAY

I wash my face and hands twice a day. I flush the toilet 6 times a day. My mum cooks the food and she use enough water. We give water the plants. We replace the water in the aquarium. I drink 3 litres a day.

### SUNDAY

I wash my face twice a day. My mum cooks the food and she use enough water. I flush the toilet 6 times a day. I drink 3 litres a day. I wash my hands 6 times a day. I drink 3 litres of water with the dishwasher. I wash my hair and have a shower and I use enough water.

## Water Diary

### Monday

I always wash my face and hands several times a day, use a little water.

I flush the toilet after I use it.

I have a shower in the evening, I use enough water.

I drink half a liter of water in the school.

My mum washes my hair after breakfast and after dinner.

I clean my teeth after breakfast and after dinner and I use a little water.

We water the plants in the evening, we use much water, because we have got big plants.

### Tuesday

In the morning I always wash my face and I clean my teeth and I use a little water.

I go to the toilet several times and I flush it and I wash my hands and I use a little water.

In the afternoon I go to badminton training and I drink much water.

In the evening I have a bath and I use a little water.

After the breakfast and after the dinner I clean my teeth and I use a little water.

My dad washes my hair and he uses enough water.

### Wednesday

I wash my face, my hands, I clean my teeth, I flush the toilet and I use enough water.

In the morning I go to badminton training and after that I drink much water.

I eat some food every day.

In the evening we have a shower and we use a little water.

We clean the kitchen and we put the clothes in the washing machine and we use enough water.

In the evening we have a bath and we use a little water.

My mum washes my hair and she uses enough water.

### Thursday

After I get up I wash my face, I use a little water.

I go to the toilet and I flush it and I use a little water.

I wash my hands and I use a little water too.

I clean my teeth with a little water.

I drink much, because I play basketball in the afternoon.

In the evening I have a shower and I use enough water.

### Friday

In the morning I go to badminton training and I drink much water.

I go to the toilet several times and I flush it with enough water.

I wash my hands, my face and I use a little water.

We water the plants with much water.

We have a bath and we use much water.

I go to the gymnasium and I give water to the dog, I use a little water, because the dog is thirsty.

## Water Using the morning - to evening

### Monday

I always wash my face and hands several times a day, use a little water.  
I flush the toilet after I use it.  
I have a shower in the evening, I use enough water.  
I drink half a liter of water in the school.  
My mum washes my hair after breakfast and after dinner.

### Tuesday

In the morning I always wash my face and I clean my teeth and I use a little water.  
I go to the toilet several times and I flush it and I wash my hands and I use a little water.  
In the afternoon I go to badminton training and I drink much water.  
In the evening I have a bath and I use a little water.  
After the breakfast and after the dinner I clean my teeth and I use a little water.  
My dad washes my hair and he uses enough water.

### Wednesday

I wash my face, my hands, I clean my teeth, I flush the toilet and I use enough water.  
In the morning I go to badminton training and after that I drink much water.  
I eat some food every day.  
In the evening we have a shower and we use a little water.  
We clean the kitchen and we put the clothes in the washing machine and we use enough water.  
In the evening we have a bath and we use a little water.  
My mum washes my hair and she uses enough water.

### Thursday

After I get up I wash my face, I use a little water.  
I go to the toilet and I flush it and I use a little water.  
I wash my hands and I use a little water too.  
I clean my teeth with a little water.  
I drink much, because I play basketball in the afternoon.  
In the evening I have a shower and I use enough water.

### Friday

In the morning I go to badminton training and I drink much water.  
I go to the toilet several times and I flush it with enough water.  
I wash my hands, my face and I use a little water.  
We water the plants with much water.  
We have a bath and we use much water.  
I go to the gymnasium and I give water to the dog, I use a little water, because the dog is thirsty.

### Saturday

I always wash my face and hands several times a day, use a little water.  
I flush the toilet after I use it.  
I have a shower in the evening, I use enough water.  
I drink half a liter of water in the school.  
My mum washes my hair after breakfast and after dinner.

### Sunday

In the morning I always wash my face and I clean my teeth and I use a little water.  
I go to the toilet several times and I flush it and I wash my hands and I use a little water.  
In the afternoon I go to badminton training and I drink much water.  
In the evening I have a bath and I use a little water.  
After the breakfast and after the dinner I clean my teeth and I use a little water.  
My dad washes my hair and he uses enough water.

In Monday morning when I get up I wash my face I don't use much water. Then I have a shower in the evening, I use enough water and a little more of hot water for the body. After breakfast I take my toothbrush and I use my toothbrush twice and I go to the toilet. I always flush the toilet. I don't think a lot of water. After I drink the water and I drink water I don't use a little of water. After dinner I wash up the dishes and I have a shower in the evening. I go to bed and I use a little of water and I go to bed.

In Tuesday morning when I get up I wash my face. Then I don't get a shower. After breakfast I take my toothbrush and I use my toothbrush twice. After I go to school and I do my homework. I eat a sandwich. After I eat the sandwich I go to bed.

In Wednesday morning when I get up I wash my face. My mother washes my hair and she uses a little of water for me to wash. After school I go to my homework. After I wash and after that I go to school again. Then I go to school. After I finish I go to bed. After the dinner we have a little more and I go to bed.

In Thursday morning when I get up I wash my face. I wash my face. My mother washes my hair and she uses a little of water for me to wash. After school I go to my homework. After I finish my homework, I go to my homework. After the dinner I have a shower. I wash my teeth and after that I go to bed.

In Friday morning when I get up I wash my face. I wash my face and my teeth. My mother washes my hair and she uses a little of water for me to wash. After school I go to school and I go to my homework. After I go to school at night, after my homework I go to bed. I don't use a little of water and I go to bed.

# SOME CONCLUSIONS DRAWN FROM THE DIARIES

- MOST PUPILS - MOSTLY THE NINE YEAR-OLD ONES - DO NOT USE WATER CONSCIOUSLY
- WATER APPEARS FOR THEM ONLY IN THE MOST EVIDENT DAILY ACTIVITIES
- HOW MUCH WATER THEY USE DEPENDS ON THE FAMILY BACKGROUND
- THE TWELVE YEAR-OLDS ARE QUITE AWARE OF THE MANY DIFFERENT ACTIVITIES WHERE WE NEED WATER